

The Sikkim State Legal Services Authority under the direction and guidance of Hon'ble Mrs. Justice Meenakshi Madan Rai, the Acting Chief Justice, High Court of Sikkim and Executive Chairperson, Sikkim SLSA organized the "Third and Final Phase of One Day Training Programme on Managing Substance Use Disorders: An Overview" for the Counselors of Rehabilitation and De-Addiction Centres of Sikkim on **27.10.2018 (Saturday)** in the Training Hall of Sikkim State Legal Services Authority, Development Area, Gangtok.

The Resource Persons for the said programme were Ms. Shalinta Rai, Clinical Psychologist, Psychiatry Department, S.T.N.M Hospital, Government of Sikkim and Mrs. Nancy Chankapa, Clinical Psychologist, Psychiatry Department, S.T.N.M Hospital, Government of Sikkim who made a recap of what was disseminated during the programmes held on 06.10.2018 and 13.10.2018.

The topics covered were substance related problems and its management, Mental Status Examination of an Individuals with Substance use Disorders, Case History taking of Substance Use Disorders. Post Assessment for assessing the level of knowledge regarding substance use and substance related problems and its management, Epidemiology and its Management and also spoke on Motivation and Treatment in Substance user Disorders and Co-Morbidities of Substance use Disorders.

Interactive session was also held between the Resource Persons and the participants, followed by Question and Answer Round.

The Vote of Thanks was proposed by Shri Suraj Chettri, Member Secretary, Sikkim SLSA.

17 Counselors from the following Rehabilitation and De-addiction Centres of Sikkim attended the said programme:-

- i. Serenity Home, Lower Burtuk, East Sikkim.
- ii. Sikkim Rehabilitation & Detoxification Centre, Nimtar, East Sikkim.
- iii. Jeewan Marg, Bojoghari, East Sikkim.

- iv. Jagriti Integrated Rehabilitation Centre for Addicts, Sichey, East Sikkim.
- v. Freedom Facility, Tathangchen, East Sikkim.

The First Phase of the said programme was held on **06.10.2018** and the Second Phase on **13.10.2018** in the Training Hall of Sikkim State Legal Services Authority, Development Area, Gangtok, wherein the Resource Persons were Ms. Shalinta Rai and Ms. Nancy Chankapa, Clinical Psychologists, Psychiatry Department, S.T.N.M Hospital, Government of Sikkim.